




Instructions for Use: Adjustable Back Brace with Thermo-Pad

Brand Name of Product	Adjustable Back Brace with Thermo-Pad
Generic Name of Product	Back Brace
Product Code Number(s)	2886
Intended Use	Designed to provide lower-back support for healthcare professionals on the move. The Thermo-Pad retains body heat in order to provide warmth for aching muscles, joints, tendons and discs.
Range of Applications for Product	
Key Specifications of Product	Elastic side panels with contact closure and adjustable to fit from 28 to 50 inches.

Shipping & Storage	
Shipping Conditions & Requirements	
Storage Conditions	
Packaging Contents	
Shelf Life	

Instructions for Using Product	
Description of Use (s)	To provide lower-back support for healthcare professionals on the move. The Thermo-Pad retains body heat in order to provide warmth for aching muscles, joints, tendons and discs.
Preparation for Use	
Diagrams (drawings, pictures)	
Steps for Use of Product	<ol style="list-style-type: none"> 1. While in a standing position unfasten all closures and adjustments. 2. Position the garment around the lower back so that the bottom edge is at the widest part of the hips and Thermo-Pad is centered over the lower back. 3. Fasten front closure. 4. Pull both side support panels at the same time until snug and fasten. 5. Adjust for comfort.
Interpretation of Results	
Contraindications of Test Results	
Documentation	
Special Warnings and Cautions	When properly applied, the support should fit snug, but not so tight that it deeply depresses skin.
Disposal	

Reprocessing Instructions	
Point of Use	
Preparation for Decontamination	
Disassembly Instructions	
Cleaning – Manual	Disengage Thermo-Pad from back panel and fasten closures. Hand wash in cold water with a mild soap. Rinse thoroughly until water is clear. Wrap in towel to remove excess water. Air dry away from heat. (Do not twist or wring.) Do not tumble dry. Do not bleach
Cleaning – Automated	

Disinfection	
Drying	
Maintenance, Inspection, and Testing	
Reassembly Instructions	
Packaging	
Sterilization	
Storage	
Additional Information	

Related Healthmark Products	
Other Product Support Documents	PPE Brochure, PPE Price List
Reference Documents	
Customer Service Contact	Healthmark Industries Company, Inc 18600 Malyn Blvd. Fraser, MI 48026 1-586-774-7600 healthmark@hmark.com hmark.com